RUDIMENTAL RECIPE

5 steps

bars 4-5 of "Espresso Roast" by David Parker

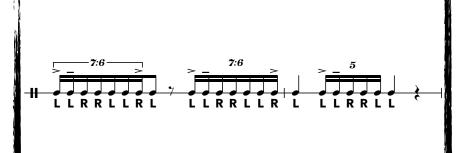


Start with the basic sticking of the measure. Put it in an easier rhythm first so that you can understand the flow and feel a bit better.

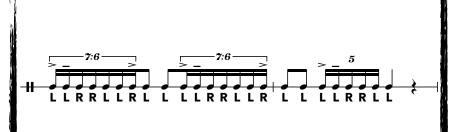


Squeeze 1 extra note into the end of each grouping, making the rhythms slightly faster.

TIP: The sticking remains the exact same besides the 3 additional notes. Don't forget how the sticking flowed in the first step!



Fill in the larger spaces with additional **LH** 8th note taps. These will the be the grace notes of your low flams in the next step.



Complete all flams in the excerpt. Remember the work from the previous step; keep the **LH** motion in the 8th notes the same!



Finish the excerpt by gradually adding in last 2 counts -

- Just the LH (this is the only thing that crescendos)
- Add in first note of RH doubles
- Complete

